

LET US BE YOUR PATIENT- CENTERED HEALTH HOME

We offer services for all of your family's health care needs with compassion, quality services and personalized care. CommWell Health is an award-winning "Service Excellence Health Care Provider" serving the communities of Southeastern North Carolina.

1-877-WELL ALL
1-877-935-5255

CommWell Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-935-5255

Chinese

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-935-5255

**CommWell Health is
accredited by
The Joint Commission**



Please note the phone numbers listed below provide access to the After Hours Nurse Triage Service for All CommWell Health Locations.

1-877-WELL-ALL
1-877-935-5255

**CommWell Health has
locations throughout
Southeastern North Carolina.
Visit our website or scan the
bar code below for a
complete listing.**



www.commwellhealth.org

BEHAVIORAL HEALTH SERVICES



**CommWell
Health**

BEHAVIORAL HEALTH

Behavioral Health Services at CommWell Health offers comprehensive mental health and substance abuse services to all.



If you or someone you know is suicidal or in emotional distress, contact the 988 Suicide & Crisis Lifeline. Trained crisis workers are available to talk 24 hours a day, 7 days a week. Your confidential and toll-free call goes to the nearest crisis center in the Lifeline National network. These centers provide crisis counseling and mental health referrals.

If the situation is potentially life-threatening, get immediate emergency assistance by calling 911, available 24 hours a day.

SERVICES OFFERED

- Primary individual counseling and psychotherapy for adults, adolescents, and children over 5 years old
- Behavioral Health Assessments
- Psychiatric doctor and nursing care
- Care Coordination and linkage to resources
- Interpreter services available
- Substance Abuse Intensive Outpatient Program (SAIOP)
- Substance Abuse Comprehensive Outpatient Treatment (SACOT)
- Substance Abuse Prevention Service
- Video conferencing and telehealth are available
- Smartphone app (MyChart) for medical records, virtual visits, and messaging



GROUP THERAPY

CommWell Health offers different forms of group therapy for specific needs.

- Trauma Focused
- Mindfulness
- Creative Recovery (media, poems, arts, music)
- Mental Health (MLT) Adolescent Group (13 - 17 years)

MEDICATION FOR OPIOID USE DISORDERS (MOUD)

Use of medications along with therapy to provide a whole-person approach to the treatment of opioid and alcohol-based addictions. Some of the types of drugs we treat in this program are: Heroin, Fentanyl, Oxycontin, Vicodin, Morphine, etc.

Medication:

- Naltrexone
- Buprenorphine
- Suboxone

Scan for more information



Eligibility:

- 18 years of age and older
- Diagnosis of opioid or alcohol use disorder.