## Managing Relationships with Mental Health and SA Disorders Group



In the group, we will discuss things such as communicating with partners, family members, work, friends, etc. We will focus on learning/building communication skills, setting boundaries, and how to communicate needs.

When: Every Wednesday

from 4:00pm to 5:00pm.

Where: Zoom

Therapist: Kelly McSween

LCSW-A LCAS-A

## To Register:

Call: 1-877-WELL-ALL

\*\*\* Call for an appointment to start the group referral process \*\*\*



Scan the QR code or call 1-877-935-5255 to learn more about our Behavioral Health Therapy Groups

