

Creative Recovery Group



Let's step outside the box! In this group we will utilize various forms of media (music, videos, poems, art, etc.) to work towards improving, managing, and addressing several mental health topics. Through active participation and connections with others, we will explore different ways of thinking and new ways of healing.

When: Every Friday from 11:30am to 12:30pm.

Where: Zoom

Therapist: Kayla Eza
LCSW-A

To Register:

 Call: 1-877-WELL-ALL

*** Call for an appointment to start the group referral process ***



Scan the QR code or call 1-877-935-5255 to learn more about our Behavioral Health Therapy Groups

